

Instructions

- 1) All questions are compulsory.
- 2) Marks are indicated in front of each question.

Section - A (Reading)

Que. 1- Read the following passage and answers the questions on the basis of comprehension of the passage.

Getting a good night's sleep can help you cope with stress more effectively. But not getting enough sleep can cause more stress. Insomniacs have higher concentrations of stress hormones than others.

Women are prone to sleep disturbances. Their sleep problems frequently interfere with their daily activities.

Experts believe that sleep, especially deep sleep, enables our nervous system to function well. Without it, we lose our ability to concentrate, remember or analyse. Some experts speculate that during deep sleep, cells manufacture more proteins, which are essential for cell growth and repair of damage from things like stress and ultraviolet rays.

Scientists believe that activity in the area of the brain that controls emotions and social interactions lessens during sleep and that deep sleep may help people be emotionally and socially adept when awake.

Sleep may also help our brain to store a newly learned activity in its memory bank. In a study in Canada, students deprived of sleep after learning a complex logic game showed a 30% learning deficit when tested a week later compared with students not deprived of sleep.

The effects of lack of sleep on other bodily functions are just as alarming. In studies from five medical centres across the country, researchers established that individuals with insomnia were also more likely to have poor health, including chest pain, arthritis and depression, and to have difficulty accomplishing difficult tasks.

Questions -

- 1) Deep sleep enables our Systems to functions well.
 - a) Digestive b) Nervous c) Excretory d) Circulatory
- 2) During sleep, cells manufacture more-
 - a) Proteins b) Fats c) Carbohydrates d) Vitamins
- 3) Sleep disorder is called-
 - a) Diabetes b) insomnia c) anemia d) constipation
- 4) The main cause of insomnia -
 - a) Stress b) over eating c) eating sweets d) allergy
- 5) Insomniacs are likely to have -
 - a) Chest pain b) arthritis c) depression d) all of these
- 6) Who are prone to sleep disturbances -
 - a) Men b) Children c) Women d) old people.
- 7) Sleep may help To store any activity in its memory bank.
 - a) Our brain b) our hand c) our country d) our area
- 8) Which word from the passage mean, "To prevent from being done"

9) Write the antonym of 'Ability'.

10) Write the adverb of 'Memory'.

Que. 2- Read the following passage carefully, make notes and give a suitable title.

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Pollution is the intermixing of harmful substances known as pollutants with the natural environmental components. There are various forms of Pollution, like land pollution, water pollution, air pollution, and soil pollution. No matter which form of infection it is, it has dangerous impacts on our environment.

Pollution is the addition of unwanted substances into the environment that can damage our Earth. There are 4 main types of Pollution; water pollution, air pollution, soil pollution, and noise pollution. All kinds of Pollution are a result of careless activities by man. We dump waste directly into water bodies, which results in water pollution. Air pollution is caused when vehicles release smoke into the atmosphere and make it difficult to breathe for all organisms. Soil pollution is caused by directly dumping our waste into landfills. Noise pollution is not visible, but it is a dangerous form of Pollution that can damage our ears.

Water pollution forms a major category of Pollution and has become an urgent crisis in many countries. We cannot survive without water. So, when most of the water bodies will dry up or get choked, the human population will come to an end. The next big form of Pollution is air pollution. It is mainly caused by toxic exhausts from vehicles and the burning of coal for electricity.

Section – B (Writing)

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Que. 3- You are the member of the school 'eco club'. Write a notice informing the students about the tree plantation drive in your school.

OR

You are Mohan, student of Government Higher Secondary School Ghuwara. Your school is going to organize a blood donation camp. Design an attractive poster to raise awareness for it.

Que. 4- You are Ayush Mishra, a student of class 11th government Excellence School Damoh. Write an application to the principal of your school, Requesting him to change your subject you want to opt for arts group instead of science group.

OR

You are Abhinav Gupta, a resident of Gautam Nagar Bhopal. Write a letter to your friend Meghraj, congratulating him on his success in the high school examination.

Que. 5- Write an article on any one of the following topics in about 120 words.

- 1) Importance of trees
- 2) Benefits of modern technology
- 3) Importance of games and sports.

OR

You have witnessed an accident. Write a report for a newspaper in about 40-50 words, with the help of the words given below-

- 1) When, where and how did the accident happen?
- 2) People, vehicle involved.
- 3) Loss of life and property etc.

Section – C (Grammar)

Que. 6- Fill in the blanks- (any five)

1x5=5

- 1) Mohan hasn't gotmoney in his pocket. (any/some)
- 2) If she..... a bird, she would fly. (was/were)
- 3) Do you knowhas happened. (that/what)
- 4) English isin many countries. (speaking/spoken)
- 5) He isMBA. (an/a/the)
- 6) Hewalk fast when he was young. (can/may/could)

Que. 7- Do as directed - (any five)

1x5=5

- 1) Raju cried for milk. (change into present indefinite)
- 2) He teaches English. (change into negative)
- 3) He is always happy. (change into negative without changing meaning)
- 4) As soon as the children saw the snake, they started to shout. (Rewrite the sentence using 'no sooner.....than')
- 5) He will come today. I am sure of it. (combine the pair of sentences into a noun clause)
- 6) He is too intelligent to solve the sum. (Rewrite the sentence using 'so.... That')

Section - D (Literature)

Que. 8- Read the following passage and answer the questions given below-

People said that she had once been young and pretty and even had a husband, but that was hard to believe. My grandfather's portrait hung above the mantelpiece in the drawing room. He wore big turban and loose - fitting clothes. His long, white beard covered the best part of his chest and he looked like a 100 year old.

Questions -

- 1) Who is the author of the above extract?
a) Khushwant Singh b) James Harriot c) Gordon cook d) Alan East
- 2) Who has been referred as 'She' in above extract?
a) Sister of the author b) Mother of the author
c) Grandmother of the author d) Aunt of the author
- 3) Which of the following has not been depicted in the portrait?
a) Beard b) Turban c) Clothes d) ornament
- 4) According to the extract, how old did the grandfather look in his portrait?
a) 100 years b) less than 100 years c) more than 100 years d) None of these
- 5) Which word in the extract means 'picture of face'?
a) Turban b) Beard c) Portrait d) Mantelpiece

Que. 9(A)- Read the following extract from the poem and answer the question given below-

The cardboard shows me how it was
When the two girl cousins went paddling,
Each one holding one of my mother's hands,
And she the big girl - some twelve years or so.

Questions-

1) The poem 'A photograph' is about-

- a) Poet's childhood b) Poet's father
c) Poet's cousin d) Tribute to poet's mother

2) How many people were there in the photograph?

- a) Two girls b) Three girls c) one boy and a girl d) only her mother

3) Find the word from the extract which means 'walking or standing bare feet in shallow water'?

Que. 9(B)- Read the following extract from the prose and answer the questions given below-

"The mummy is in very bad condition because of what Carter did in the 1920s," said Zahi Hawass, Secretary General of Egypt's Supreme Council of Antiquities, as he leaned over the body for a long first look. Carter – Howard Carter, that is-was the British archaeologist who in 1922 discovered Tut's tomb after years of futile searching. Its contents, though hastily ransacked in antiquity, were surprisingly complete. They remain the richest royal collection ever found and have become part of the Pharaoh's legend. Stunning artefacts in gold, their eternal brilliance meant to guarantee resurrection, caused a sensation at the time of the discovery – and still get the most attention. But Tut was also buried with everyday things he'd want in the afterlife : board games, a bronze razor, linen undergarments, cases of food and wine.

Questions –

1) Whose 'mummy' the author is talking about?

- a) King Tut's b) carter c) Zahi d) None

2) What is the meaning of the word 'resurrection' in the extract?

- a) Rise of Christ b) Revival c) Dawn d) None of these

3) When was Tut's tomb discovered?

- a) In 1020 b) In 1923 c) In 1922 d) In 1921

4) Howard carter discovered Tut's tomb. (True/False)

5) Write the antonyms of 'complete'. <https://www.mpboardonline.com>

Que. 10- Answer the following questions in about 30 words. (Any Five) $2 \times 5 = 10$

1) When was link of the friendship between the author and his grandmother Snapped?

2) Why did the narrator take two crewmen?

3) Where was the religious capital shifted to?

4) Why was king Tut's body buried along with gilded treasures?

5) What was the turning point in the friendship between the grandmother and the author?

6) What steps did the captain take to check the flooding of the water in the ship?

Que. 11- Answer the following questions in about 30 words. (Any Three) $2 \times 3 = 6$

1) Why has 'cardboard' word been used? (The photograph)

2) What was compared with the movement of goldfinch? (The laburnum top)

3) Why does the rain descend on the earth? (the voice of the rain)

4) How does the rain describe itself? (the voice of the rain)

Que. 12- Answer the following questions in about 30 words. (Any 2)

$2 \times 2 = 4$

1. Who was John Byro? why does he visit the author's house?
2. What was the address of Mrs. Dorling?
3. Who was Mrs. Fitzgerald? What did she advise Mrs. Pearson?
4. What according to Aram, was his first longing?

Que. 13- Answers the following questions in about 75 words. (Any 2) $3 \times 2 = 6$

1. Three ways in which the author's grandmother spent her days after grew up.
2. How did the voyagers spot Ile Amsterdam?
3. What were the result of the CT scan?

Que. 14- Describe the central idea of the poem 'A Photograph'.

OR

How is the cyclic movement of rain brought out in the poem? Compare it with what you have learnt in science.

Que. 15- The story 'The summer of the beautiful white horse' begins in a mood of nostalgia. Can you narrate any incident of your childhood that make an interesting story?

OR

Why did the narrator/author of the story 'The address' want to forget the address?